



**ANYONE.
ANYWHERE.**
CAN MAKE A DIFFERENCE.

Why Be Trained?

- identify, understand, and respond to signs of mental illness, substance use, and trauma.
- assess crisis and develop a concept of trauma-informed care appropriate for an array of service systems and stakeholder groups.
- foster self-help and connections with mental health professionals, and community resources.

Who Should be Trained?

City-Parish Employees
Clergy
Counselors
Support Staff
Teachers
School Administrators

ACTION PLAN

- A**SSESS for risk of suicide or harm
- L**ISTEN nonjudgmentally
- G**IVE reassurance and information
- E**NCOURAGE appropriate professional help
- E**NCOURAGE self-help and other support strategies



Mental Health 1st Aid Certification

TIME: 8:00AM to 4:30PM (7.5 CEH)

DATE: November 11, 2022

LOCATION: TBA

FREE

Register Today

<https://forms.gle/YycosdrkTVGK5ytv7>

Call: 225.924.2800 / Email: info@eclecticcbc.com

